

Drakensberg Multi-Day Winter Packing List



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- Mandatory items - red - if missing no hike
- Optional but highly recommended - green
- Item we can provide - Yellow
- Optional - white
- Brackets () - suggestion

Equipment

- ☐ 4 season tent
- ☐ 65L backpack
- ☐ -5 degree Celsius comfort sleeping bag or lower
- ☐ Foam sleeping pad
- ☐ Inflatable sleeping pad with R rating of 4+
- ☐ Inflatable pillow
- ☐ 2x 1L widemouth bottles or bladder
- ☐ Trekking poles
- ☐ Headlamp with spare batteries
- ☐ Bowl, mug, spoon and fork
- ☐ Rain cover for backpack
- ☐ 2x dry bags (one for clothing, one for sleeping bag)
- ☐ Toiletries (toothbrush, toothpaste, sunscreen)
- ☐ First aid and personal medication
- ☐ Powerbank + cables

CLOTHING

BASE LAYERS (NEXT TO SKIN) (WALKING)

- ☐ 2x total t-shirts or long sleeve shirts (quick drying)
- ☐ 1x long hiking pants
- ☐ 1x shorts
- ☐ x number days hiking moisture wicking underwear
- ☐ x number of days hiking hiking socks (wool)
- ☐ 2x sports bras (if applicable)

INSULATION LAYERS (TRAPS BODY HEAT)

- ☐ 1x fleece or synthetic mid layer jacket
- ☐ 1x puffy jacket (down - 800 fill power)

Outer Layers (Weather Protection)

- ☐ 1x waterproof shell jacket with hood
- ☐ 1x waterproof pants

CAMP AND SLEEP CLOTHING

- ☐ 1x thermal top (sleep only)
- ☐ 1x thermal bottoms (sleep only)

- ☐ 1x thick pair wool socks
- ☐ 1x beanie
- ☐ 1x buff for sleeping
- ☐ Camp shoes (down booties or sandals)

ACCESSORIES

- ☐ Buff for walking
- ☐ Wide brim hat or cap
- ☐ Lightweight gloves (liner)
- ☐ Waterproof insulated gloves or mittens
- ☐ Sunglasses
- ☐ Gaiters

FOOTWEAR

- ☐ Waterproof hiking boots or trail running shoes (boots are preferable) (broken in shoes)

Toiletries (EXPANDED)

- ☐ Toothbrush + toothpaste
- ☐ Small quick dry towel
- ☐ Deodorant

- ☐ Sunscreen (50spf)
- ☐ Toilet paper
- ☐ Hand sanitizer
- ☐ Menstrual products (if needed)
- ☐ Baby wipes (biodegradable)

FOOD

- ☐ Lunch for x number of days hiking
- ☐ Snacks for x number of days hiking

NICE TO HAVES

- ☐ Camera or gopro
- ☐ Notebook + pen
- ☐ Ebook
- ☐ Sit pad or trekking chair

Equipment and Clothing we personally recommend:

TENTS

- Nortent Vern 1 - indestructible all season tent - expensive
- Nortent Vern 2

SLEEPING BAGS

- Thermarest Questar -10 - warm, light and fairly small - expensive
- JR Gear Helium 1050 - good value bag - mid range
- Nemo Riff Endless Promise -1 - lightweight, warm
- Nemo Riff Endless Promise -9 Womens - lightweight, warm
- SeaToSummit SparkIII - lightweight, expensive
- SeaToSummit TVIII - good value, warm, mens
- SeaToSummit VTII - good value, warm, ladies
- North Face Blue Kazoo -7 - lightweight, warm
- North Face Cats Meow -7 - Synthetic, great value

SLEEPING MATS

- Nemo Tensor Extreme - best on the market
- SeaToSummit Ether Light XR Pro - top of the range
- Thermarest NeoAir XTherm - top of the range
- First Ascent Insulated Plus - great value, local

Backpacks

- Osprey Aether 85L - great value
- Osprey Renn or Rook 65L
- Osprey Exos 48L
- First Ascent Jupiter - great value, local

Trekking Poles

- Black Diamond Alpine Carbon - great value
- Black Diamond Trail Explorer 3
- Leki Makalu Lite

Headlamps

- Black Diamond Storm - good value
- Petzl Actik Core 600 - good value

Boots and trail runners

- Scarpa Ribelle HD - great value long term
- La Sportiva Trango Alps - good value
- Hoka Mafate 4s - good value

Camp shoes

- North Face Down Slippers - great product
- First Ascent Down Booties - great product

Rain jackets

- Black Diamond Stormline - lightweight
- Black Diamond Highline - midweight
- Sprayway Reaction Gore-Tex - good value

Down Jackets

- North Face Diablo - warm, bulky
- First Ascent Extreme Glacier - warm, bulky, good value
- Patagonia Classic Down - warm, lightweight

miscellaneous

- Nemo Moonlight Elite Chair
- MSR Dragonfly Fuel Stove - cost effective stove
- Jetboil Flash - Instant boiling water
- Garmin InReach Mini 2 - satellite communications
- Garmin 67i S GPS - GPS and satellite communications
- MSR Dromedary Bag - water bag
- SeaToSummit Watercell x - water bag

Hygiene

- SeaToSummit Wilderness Wipes - biodegradable
- SeaToSummit Wilderness Wash - biodegradable

